

DOCTORS SHENTON, SPARROW, SEDDON, BRAR & JONES

Redwood Practice

0208 630 3488

<https://www.redwoodpractice.co.uk>

WE ARE HERE FOR YOU

PLEASE CHECK OUT OUR WEBSITE FOR NEW WAY OF MAKING APPOINTMENTS CALLED e-CONSULT. FILL IN YOUR FORM ONLINE AND SEND IT. YOU WILL GET ACKNOWLEDGEMENT AND YOUR DOCTOR WILL CALL YOU BACK.

DUE TO CORONAVIRUS WE WOULD LIKE ALL OUR PATIENTS TO OBTAIN ONLINE ACCESS TO ORDER REPEAT PRESCRIPTIONS. PLEASE CALL US ON 0208 630 3488 AND REQUEST YOUR SECURE ONLINE USER NAME AND PASSWORD FROM OUR RECEPTIONIST

Some Useful Information below

Mental Health & Well-being Resources.

www.nhs.uk

Hounslow IAPT

Call: 0300 123 0739

www.hounslowiapt.nhs.uk

Mental Health Foundation

Call: 0207 803 1100

[https://](https://www.mentalhealth.org.uk)

www.mentalhealth.org.uk

Mind 0300 123 3393

www.mind.org.uk

National Domestic Violence Helpline

Call: 0808 2000 247

www.nationaldahelpline.org.uk

Child line

Call: 0800 1111

www.childline.org.uk

The Mix - for 16-25 year olds

Call: 0808 8080 4994

www.themix.org.uk

Samaritans

Call: 116 123

www.samaritans.org

Respect Men's Advice Line

Call: 0808 801 0327

www.mensadviceline.org.uk

Cruse Bereavement Care

Call: 0808 808 1677

www.cruse.org.uk